



Cascade View Elementary School

School district: Snoqualmie Valley

School location: Snoqualmie

Began participating in the Green Schools Program: June 2007

Level One of the Green Schools Program: Achieved in June 2009

Level Two of the Green Schools Program: Achieved in June 2010

Waste Reduction and Recycling (Level One)

- In 2009-2010, Cascade View worked with the district to eliminate plastic utensils, clam shells, and polystyrene bowls and to replace them with durable, reusable products. This resulted in preventing nearly 10,000 plastic items from going to the landfill each month.
- The school increased its recycling rate from 16% to 38% by improving classroom recycling and starting to recycle empty milk cartons and plastic bottles at lunch.
- The school promoted Waste Free Wednesdays to encourage durable and recyclable packaging in lunches sent from home. Students sold ReUsies to students to reduce the use of disposable plastic bags.
- Stickers were placed on paper towel dispensers to remind students, staff, and visitors to reduce the quantity of paper towels they use.
- By decreasing paper use, making double sided copies, and encouraging use of paper that has been used on one side, teachers reduced the amount of paper ordered for the workroom and saved more than \$300 in a single month.
- Recycling bins were placed in classrooms for paper and in the lunchroom for empty milk cartons, juice boxes, plastic bottles and aluminum cans.
- Cascade View also separately collected plastic bags, eyeglasses, cell phones, printer cartridges, Capri Sun packets and glue sticks to be mailed to companies for recycling.
- School staff placed recycling stickers from the Green Schools Program on indoor recycling bins to show what can be recycled.



- Teacher Elizabeth Johnson started a fifth-grade Green Team. The team created classroom paper reuse boxes, helped with recycling, and conducted a litter reduction campaign.
- Green Team students educated fellow students about why recycling is important.
- 550 students decorated Earth Day reminder bags for the local IGA grocery store.
- A King County assembly educated students about waste reduction and recycling.

Energy Conservation (Level Two)

- Cascade View conducted a school-wide challenge for students to pledge to reduce the amount of energy they use and to walk to school more.
- The school reduced energy use after the district began automatic computer shut-down at the end of every school day.
- Stickers from the Green Schools Program were placed near light switches as reminders to turn off lights when they are not needed.
- End-of-day checklists were used to help classrooms conserve energy.

Other Environmental Actions

- In April 2010 Cascade View added garden planters for each grade level. These will be used as an outdoor classroom for units on conservation, life cycles, and more.
- In newsletters and emails, the school shared how to reduce, recycle, and conserve energy.
- Cascade View became a No Idle Zone school after the district installed No Idling signs provided by Puget Sound Clean Air Agency.
- Students talked with parent drivers about turning off their engines when picking up and dropping off their children at school. Information about avoiding idling was included in parent electronic newsletters.

Award

Teacher Elizabeth Johnson received a King County Earth Hero Award in April 2010.