



## RECYCLE MORE AT HOME

### Get to know your garbage

More than 60% of what ends up in the Cedar Hills Regional Landfill could have been recycled. Knowing what's in your trash that can be recycled is the first step to recycling more. Check with your garbage hauler to find out what's allowed in your recycling and yard waste carts. Remember:

- There's something new you can do to reduce your waste at home – recycle your food scraps and food-soiled paper in your curbside yard waste cart. Use compostable bags to make it cleaner. Get a free sample at [recyclefood.com](http://recyclefood.com).
- Ignore the chasing arrow recycle symbols on plastic containers. Instead, look at shape: plastic tubs, jugs and bottles can all be recycled. This includes yogurt containers, liquid detergent bottles and milk jugs.
- All junk mail, envelopes, catalogs, magazines, office and craft paper of all shapes, sizes and colors can be recycled. Recycle flattened cardboard boxes—from the small cereal box to the large shipping box.
- Do not bag your recyclables. They should go into your recycling cart loose.
- Not sure an item is recyclable? If you have a doubt, check with your hauler. Putting garbage in your recycling or yard waste cart increases the cost of recycling.

### Treat your home to a recycling makeover

Research shows that families with convenient recycling systems in their homes recycle more. Place recycling containers, like small garbage cans or waste baskets, in the kitchen, home office and garage to collect recyclables. Put a food scrap collection container in the kitchen so you can recycle food scraps and food-soiled paper.

### Make recycling a family affair

Make recycling a family affair – they can help! Talk about what can and can't be recycled with family members and post recycling guidelines for easy reference.

### Say goodbye to "ick"

Avoid the temptation to toss out hard-to-clean containers such as peanut butter and mayo jars. Use a spatula to scrape out as much as you can, then recycle the container.

### Recycle food scraps and food-soiled paper in your yard waste cart

Thousands of King County residents have started recycling food scraps and food-soiled paper in their yard waste carts to keep this valuable resource from going to waste. If you don't have a cart, contact your garbage hauler to get started. Items such as vegetable and fruit trimmings, meats, fish and poultry scraps and bones, plate scrapings, egg shells, coffee grounds, paper towels and napkins—even pizza delivery boxes—can all be recycled in your yard waste cart.

For more information about recycling visit [kingcounty.gov/recyclemore](http://kingcounty.gov/recyclemore). Find us on Facebook at [facebook.com/recyclemore](https://www.facebook.com/recyclemore).